

Patient Information

After hours support during your treatment cycle



Emergency Management related to your Fertility Treatment

As at September 2021

Fertility SA provides an after hours service to those patients experiencing a medical emergency during an IVF treatment cycle.

Please note this is not a general advice service.

For all other medical situations please use your GP, hospital emergency department (your closest), Women's and Children's Hospital emergency department or check the online Health Direct website if you are uncertain, www.healthdirect.gov.au

Key points

- We provide a medical emergency after hours service for those patients in cycle
- We encourage early preparation of all prescriptions
- Following egg collection, any heavy bleeding, nausea and vomiting should be followed up
- Remain familiar with your local GP clinic, closest hospital emergency department and their opening hours
- www.healthdirect.gov.au

Contact details

P: 8100 2900

Monday to Friday 9am - 5pm

- A Fertility SA team member will be able to receive your call during these hours
- Outside of these hours (9-5) your call will be managed by our after-hours service.

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Bleeding - when pregnant

If you have bleeding following a positive pregnancy test, please call the nursing staff on the next business day. Should you have very heavy bleeding (e.g soaking more than one pad/ or severe pain that does not resolve with simple analgesia, paracetamol) follow the emergency management options, listed below.

Bleeding – other concerns

Bleeding and spotting are both common when on the pill or during treatment cycle and if you experience these symptoms please contact the clinical team the next business day. Heavy or bright bleeding after egg collection should be followed up by attending your closest emergency department. Moderate/severe pain with/without bleeding following egg collection requires medical follow up.

Pain - severe

We all experience pain differently and we encourage you to follow up your symptoms with our clinical team during office hours. If your pain is severe and does not improve with simple analgesia such as paracetamol, and our office is closed, please follow the options below.

Medication

Management of; our Clinical team are available Monday - Friday 9am - 5pm to answer all of your medication questions.

Paracetamol or Panadeine are both safe to take as required and as directed. If symptoms do not improve, medical follow up required.

Side effect - vomiting

Following an anaesthetic vomiting can be a side effect. If you are unable to keep fluids down following egg collection or experience shortness of breath please follow the options below.

OHSS (Ovarian Hyperstimulation Syndrome)

OHSS can be a side effect of infertility treatment and in response to the ovarian stimulation from follicle stimulating hormone (FSH) medications. If you experience the following, select from the options below.

- severe pain and abdominal distension
- shortness of breath
- inability to maintain oral intake leading to dehydration
- decrease in urine output

Emergency Management Options

- Attend your closest hospital emergency department
- Attend Women's and Children's Hospital emergency department
- Call your local GP clinic
- www.healthdirect.gov.au